

Internal Curing Concrete in Pavements and Bridge Decks

National Concrete Pavement
Technology Center



Iowa State University

Institute for Transportation

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Internal Curing - Why

- Curing is:
 - Provision of moisture and temperature to allow hydration and minimize dimensional change
 - Keep it wet
 - Keep it warm
 - Start early, stay late



Curing Concrete

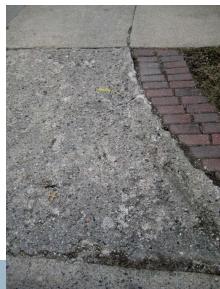
PETER C. TAYLOR

CRC Press

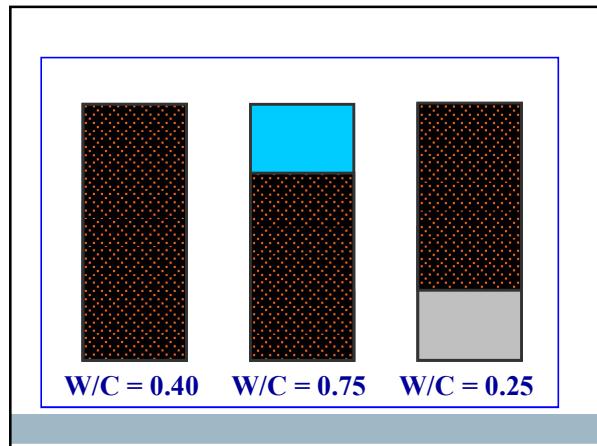
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Internal Curing - Why

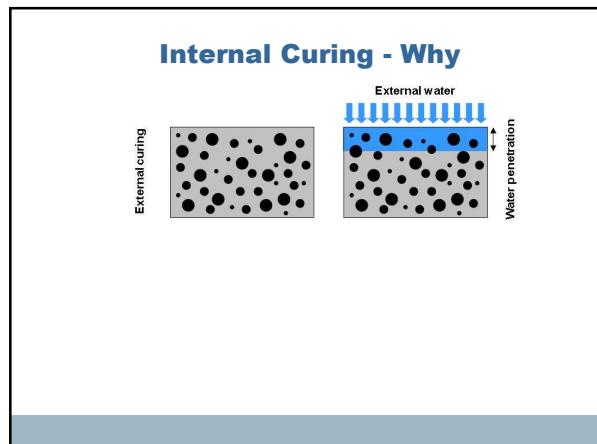
- Without curing we will increase risk of
 - Cracking
 - Scaling
 - A soft surface
- What about strength?



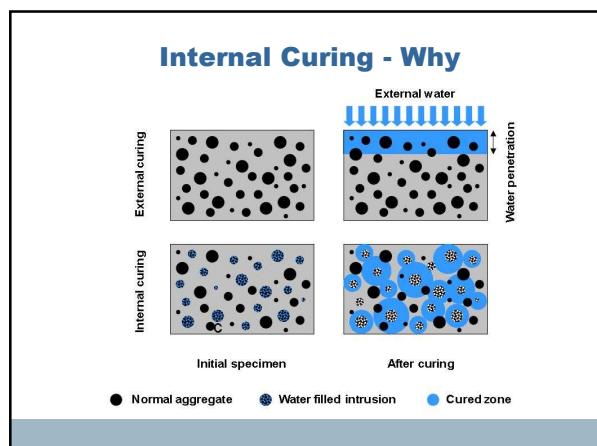
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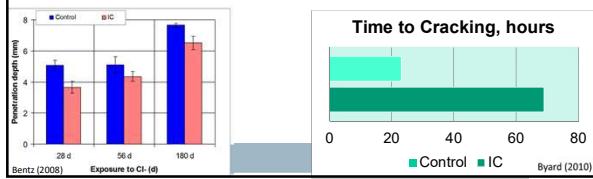
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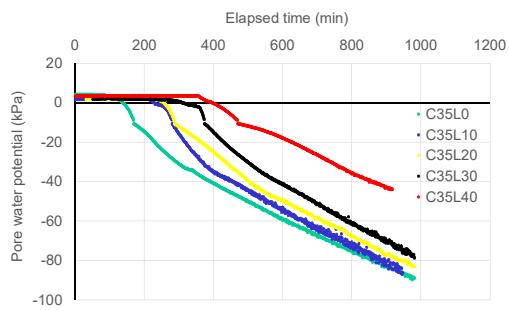
Internal Curing – So What?

- Reported Benefits
 - Less shrinkage, cracking, warping
 - Better hydration & SCM reaction
 - Improved durability
 - Extended service life



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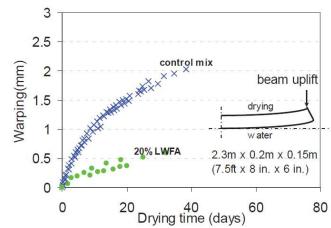
Pore Water Potential



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Internal Curing – So What?

- Reduced Warping
 - Thinner sections
 - Keep joints out of wheel path



Wei (2008)

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Internal Curing - How

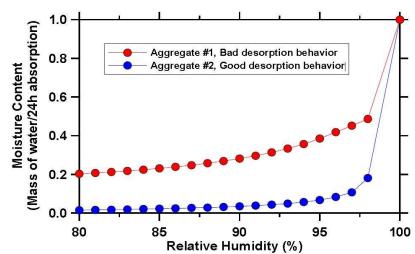
- Material should
 - Hold sufficient water
 - Hold the water until needed and not effect w/c
 - Give up water at high RH (desorption)
 - Not adversely effect the concrete quality



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Internal Curing - How

- Desorption



Virtually all moisture available at 94% RH

Castro 2011

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Internal Curing - How

- Expanded fine aggregate
- Super Absorbent Polymers



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How Much?

$$M_{LWA} = \frac{C_f * CS * \alpha_{max}}{S * \phi_{LWA}}$$

where

M_{LWA} = mass of (dry) LWA needed per unit volume of concrete (kg/m^3 or lb/yd^3);

C_f = cement factor (content) for concrete mixture (kg/m^3 or lb/yd^3);

CS = chemical shrinkage of cement (mass of water/mass of cement);

α_{max} = maximum expected degree of hydration of cement (0 to 1);

For ordinary Portland cement, the maximum expected degree of hydration of cement can be assumed to be 1 for $w/c \geq 0.36$ and to be given by $(w/c)/0.36$ for $w/c < 0.36$.

S = degree of saturation of aggregate (0 to 1);

ϕ_{LWA} = desorption of lightweight aggregate from saturation down to 93 % RH (mass water/mass dry LWA).

Or... about 7lb IC water for 100 lb cement

Bentz & Snyder (1999), Bentz, Lura, & Roberts (2005):

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Construction

- Proper amount of water
- 30% replacement of fine aggregate
- Minimum 15% absorbed moisture
- Place under sprinkler for minimum of 48 hours
- Allow stockpiles to drain for 12 to 15 hours immediately prior to use



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Internal Curing - How

- Can we do without this?
- Nope
 - Still have to keep the surface hydrating
 - That's where the abuse happens



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Does it Work?

- 4 Projects
 - 3-span bridge in IA
 - Sidewalk at ISU
 - County pavements IA
 - Highway bridge deck OH

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Buchanan County

- Three span bridge at Pine Creek
 - One half conventional (both lanes)
 - Other half using Internal Curing Concrete
- About 20% (by mass) of fine aggregate replaced with light weight aggregate
- Other mix proportions unchanged

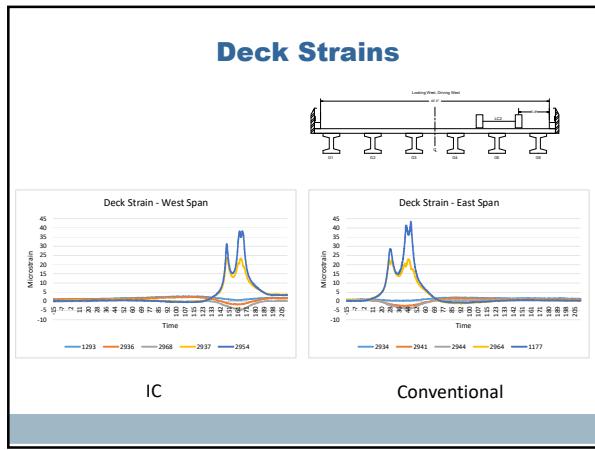


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Fresh Properties

| | Field Samples | | Lab Samples | | Consultant Results | |
|---------------------------|---------------|-------|-------------|-------|--------------------|-------|
| | Control | IC | Control | IC | Control | IC |
| Slump, in | 3.3 | 3.3 | 5.5 | 6.0 | 4.3 | 5.0 |
| Air Content, % | 7.5 | 6.5 | 7.4 | 7.0 | 6.5 | 6.8 |
| Unit Weight, pcf | 141.0 | 138.5 | 141.2 | 138.0 | 143.1 | 138.2 |
| Initial Set Time, minutes | | | 214 | 220 | | |
| Final Set Time, minutes | | | 306 | 327 | | |

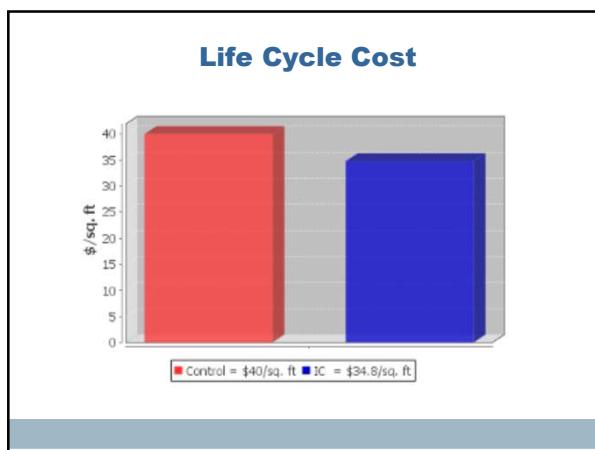
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Sidewalk on ISU Campus

- Warping
- Long term durability



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Concrete mixture designs

| | Control concrete | Internally cured concrete |
|--|------------------|---------------------------|
| Portland Cement (type I/II, Ash Grove) (lb/cy) | 457 | 457 |
| Fly Ash (Oolagah, type C) (lb/cy) | 114 | 114 |
| Coarse Aggregate (lb/cy) | 1698 | 1698 |
| Fine Aggregate (lb/cy) | 1375 | 942 |
| Light Weight Aggregate (lb/cy) | 0 | 200 |
| W/C ratio | 0.45 | 0.45 |
| Air Entraining Agent (oz) | 2.5 | 2.5 |

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Fresh properties

- Control concrete:
 - Slump: 4"
 - Air content: 6.1% (SAM number: 0.31)
 - Concrete temperature: 90 °F
- Internal cured concrete:
 - Slump: 3"
 - Air content: 4.6% (SAM number: 0.26)
 - Concrete temperature: 87.7 °F



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Mechanical properties

| | Tensile strength (psi) | Compressive strength (psi) | Modulus of Elasticity (ksi) |
|---------------------------|------------------------|----------------------------|-----------------------------|
| Control concrete | 390 | 4785 | 5850 |
| Internally cured concrete | 387 | 5540 | 4900 |

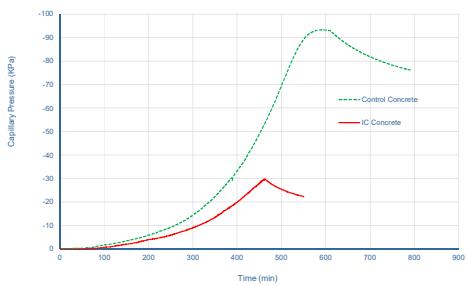
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Surface resistivity

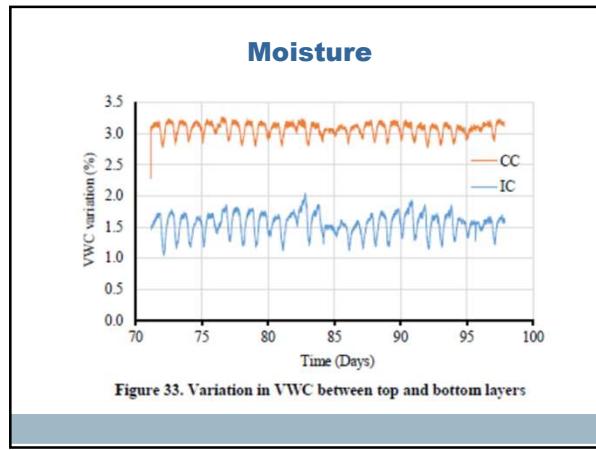
| | Surface resistivity (kΩ.cm) | | | | |
|---------------------------|-----------------------------|--------|--------|--------|--------|
| | 7-day | 14-day | 28-day | 42-day | 69-day |
| Control concrete | 7.7 | 9.5 | 15.5 | 19.0 | 25.4 |
| Internally cured concrete | 7.9 | 9.6 | 16.6 | 20.6 | 28.0 |

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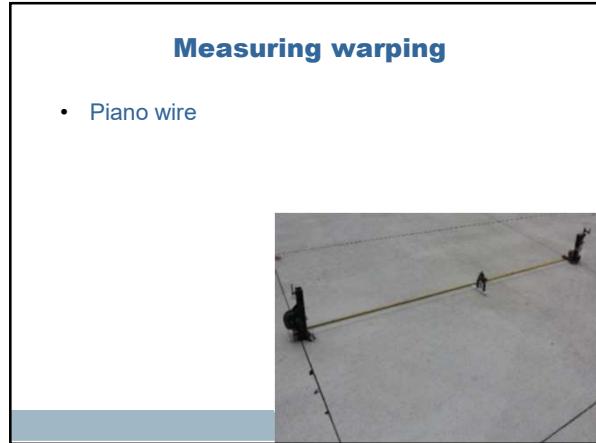
Pore water pressure



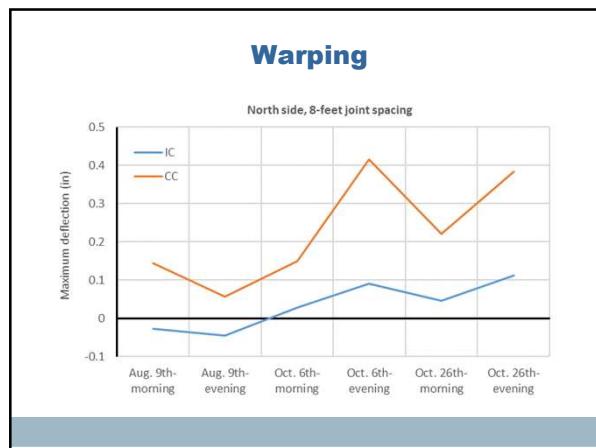
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Pavements

- Demonstrate constructability
- Assess benefits in the field
 - Cracking risk
 - Ride
- Monitor performance



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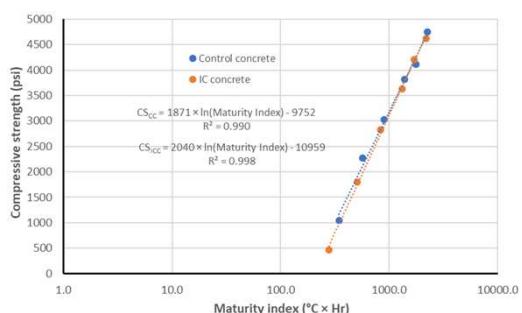
Pavement Demonstrations

- Build two sections $\frac{1}{4}$ mile long in 2 counties
- Only change to mixtures was replace 35% by volume of fine aggregate with LWFA from MO

| | Control | Test |
|------------------|---------|------|
| Cement | 474 | 474 |
| Fly ash | 119 | 119 |
| Coarse | 1539 | 1539 |
| Int. | 0 | 0 |
| Fine | 1489 | 998 |
| LWFA | 0 | 321 |
| H ₂ O | 255 | 255 |
| Air | | |
| Total | 3876 | 3706 |

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Maturity



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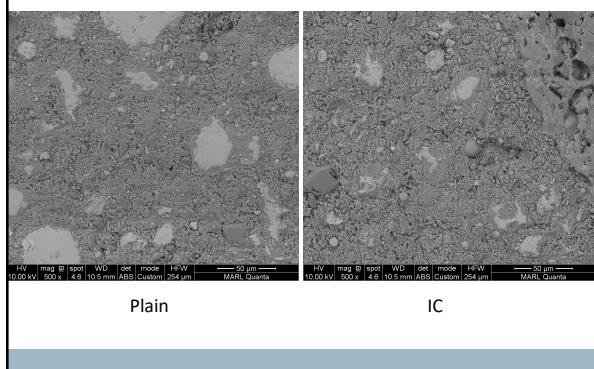
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Lab Updated Results

| Mixture | Slump in | Air % | Strength | | | MOE | | | Resistivity | | | |
|---------------|-------------|----------|----------|------|------|------|------|------|-------------|-----|------|------|
| | | | psi | | | ksi | | | kohm.m | | | |
| | | | 7 | 28 | 90 | 7 | 28 | 90 | 1 | 7 | 28 | 90 |
| Washington IC | 1.5 | 6.5 | 3130 | 4040 | 5807 | 3280 | 3650 | 4745 | 1.5 | 5.0 | 10.5 | 25.5 |
| Washington NC | 2.0 | 7.0 | 3100 | 3450 | 4817 | 3290 | 3710 | 4989 | 1.5 | 6.0 | 9.1 | 20.8 |
| Winneshiek IC | 2 | 6 | 3040 | 4634 | | 2947 | 3785 | | 2.0 | 8.2 | 16.9 | |
| Winneshiek NC | 1.0 | 6.5 | 3061 | 4597 | 6520 | 3008 | 3891 | 4972 | 2.0 | 8.8 | 16.0 | 32.5 |

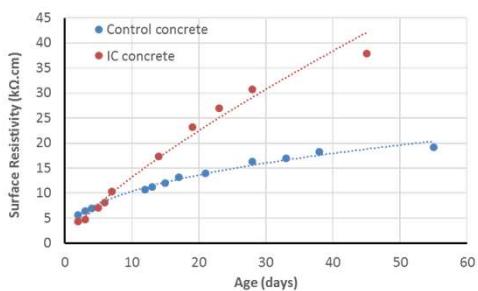
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SEM



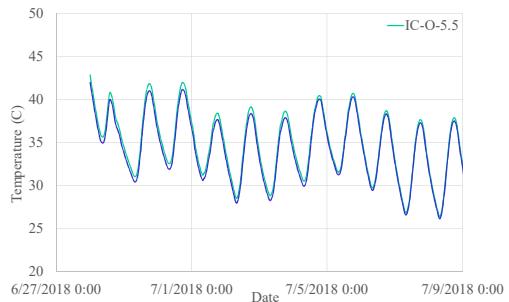
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Transport properties



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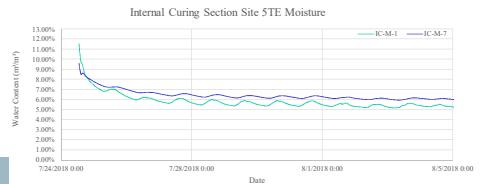
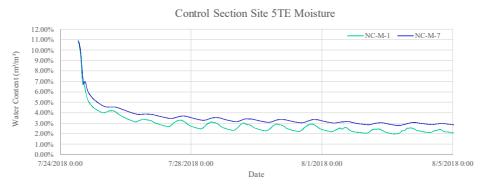
In-situ Temperatures



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Moisture Data



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Warping

- Using LIDAR
- Measure when it is
 - Hot and cold
 - Wet and dry



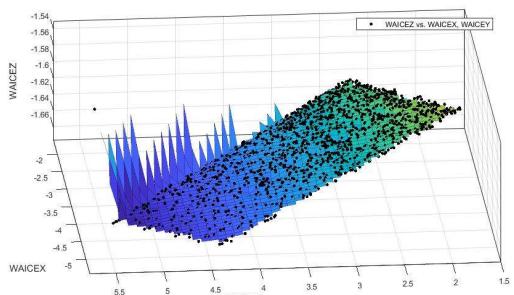
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Washington LIDAR Feb 2019



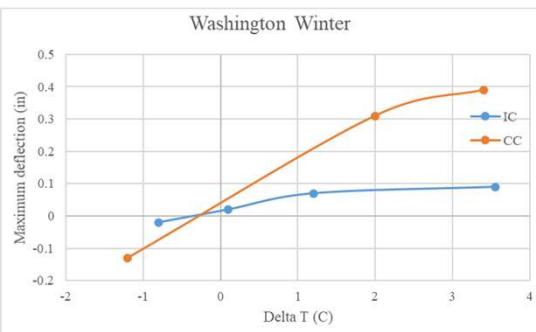
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Washington LIDAR Feb 2019



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Washington LIDAR Feb 2019



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OH Bridge Deck

- Improve Asset Management by
 - Reducing the need to replace bridge decks with an ODOT specification for extended life bridge decks, using
 - Internal curing and/or
 - Other high performance concrete technologies



Old Fort, 1842, The Blade 9/23/2007

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Defining Success

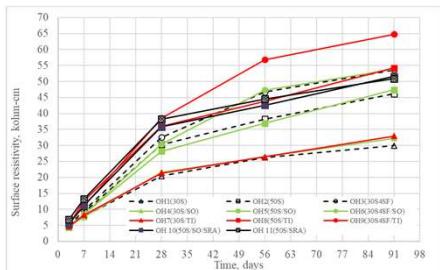
- Crack resistance
 - Differential drying
 - Strength control
 - Modulus of elasticity
- Cold weather resistance
 - Impermeability
 - Air void system
- Corrosion of reinforcing
 - Impermeability



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Lab Results

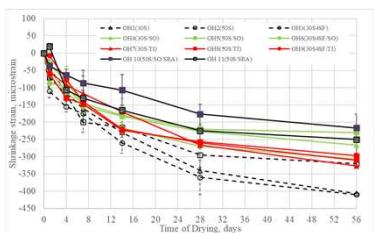
- Resistivity



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Results

- Hardened properties
 - Drying shrinkage – ASTM C157 (7 days wet storage)



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Field Trials

- Built conventional and internally cured bridge decks
- Measured properties of concrete mixtures
 - Mechanical properties
 - Temperature
 - Permeability
 - Shrinkage
 - Plastic shrinkage cracking risk



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Construction

- Mixture proportions

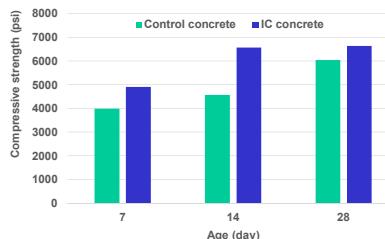
| | Cement lb/yd ³ | Slag lb/yd ³ | Water lb/yd ³ | Sand lb/yd ³ | LWFA lb/yd ³ | Coarse Agg. 57 lb/yd ³ | Coarse Agg. 8 lb/yd ³ |
|---------------------|------------------------------|----------------------------|-----------------------------|----------------------------|----------------------------|---|--|
| Control concrete | 410 | 160 | 256.5 | 1305 | - | 1360 | 355 |
| IC concrete | 282 | 282 | 253.8 | 940 | 220 | 1380 | 345 |



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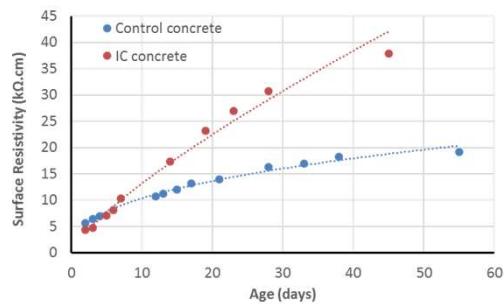
Hardened properties

- Field specimens
- Standard curing



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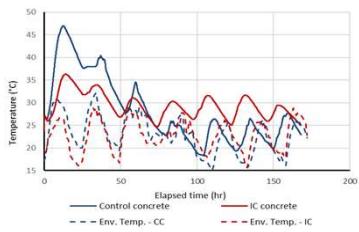
Transport



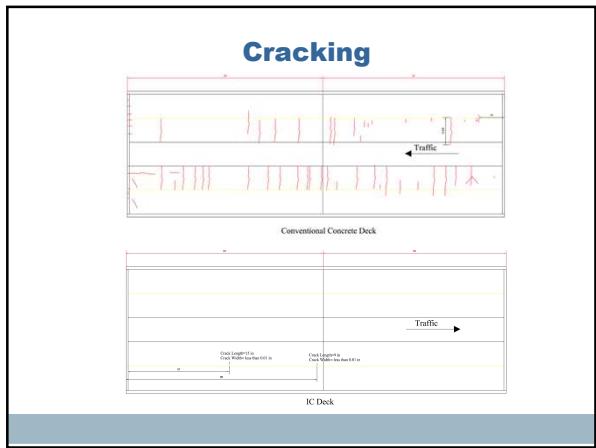
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Embedded temperature sensor

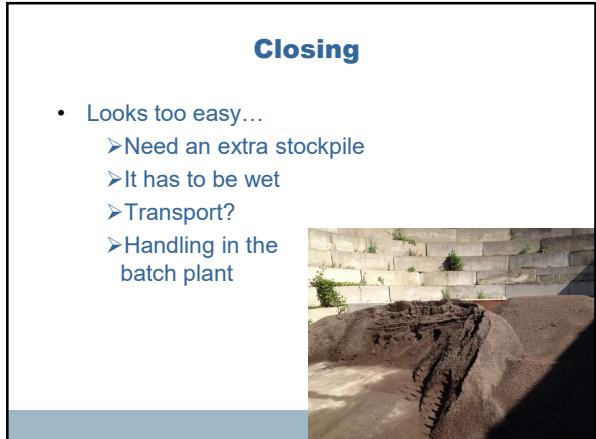
- IC stayed warmer longer
- Likely due to continued hydration



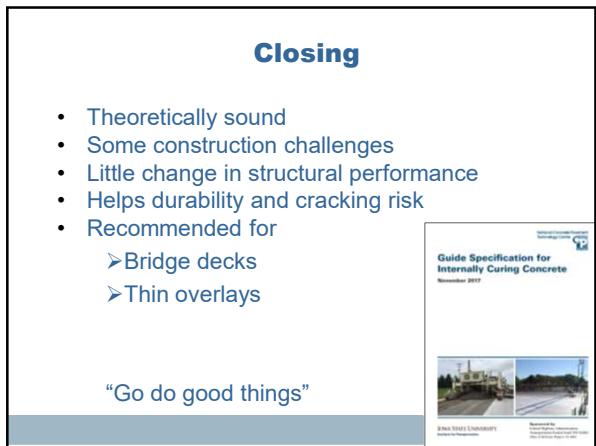
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